

Monthly Digest

Find information and resources that help guide your efforts in promoting brain health and supporting people living with Alzheimer’s disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- **Save the Date!** UCLA is hosting a Brain Health Summit on March 20–21, 2026. This free, two-day event convenes leaders across sectors to advance brain health across the lifespan, with panels on neurodegeneration, neurodiversity, development, mental health, addiction, nutrition, and more. [Register now.](#)
- **New!** The CA Department of Aging and the CA Health and Human Services (CaHHS) recently released the [Fifth California Master Plan for Aging Report](#), highlighting progress made in 2025 and updates on the Plan’s Five Bold Goals: housing, health, inclusion and equity, caregiving, and affordability. The 2025 County Profiles of Older Adults are now available on the [MPA Data Dashboard](#).
- **New!** Wise and Healthy Aging is organizing a Fire Relief Pop-Up event on March 2nd in Pacific Palisades for older adults aged 60 and older who were displaced by the L.A. fires. Please share this opportunity with your networks. For more information, [click here to view the flyer.](#)
- **Now Accepting Applications!** CalHHS is seeking up to six members with lived experience to join the [Alzheimer’s Advisory Committee](#). Open seats include a family member, an organizational representative, and professionals (first responders, providers, faith leaders, or financial advocates). Members serve a 3-year term, up to two consecutive terms. [Learn more and apply online.](#)

Funding Opportunities

STARS DEMENTIA CARE INNOVATION GRANTS

Letter of Intent Deadline: March 12, 2026

The State Alzheimer’s Research Support (StARS) Center will fund two grants up to \$110,000 each in total costs to support projects that advance the provision, evaluation, and accessibility of dementia care services at the state level.



Trainings and Webinars

- Feb 25**
12 PM PST **Hilarity For Charity.** CareCon Virtual Event. [Register Now.](#)
- Mar 17**
11 AM PST **NADRC.** Addressing Food Insecurity for People Living Alone with Dementia. [Register Now.](#)
- Mar 17-19**
9:30 AM PST **NIA.** 2026 Dementia Care and Caregiving Research Summit. [Register Now.](#)
- Mar 23**
12 PM PST **Alzheimer’s Association.** Heart Health and Brain Health: Two Sides of the Same Coin - Understanding the Results of the U.S. POINTER Study. [Register Now.](#)
- Apr 13**
10 AM PST **PHCOE-ED.** Early Detection of Dementia: What to Do Now – National Resources to Plan, Partner, and Act! [Register Now.](#)



Community Events

Get involved! Promote these events to your network.

- Feb 18**
1 PM PST **UCLA ADC Program:** Better Caregiving for All Webinar Series: Navigating Financial Challenges in Dementia Care. [Register Now.](#)
- Feb 24**
8 AM PST **National Council of Dementia Minds (NCDM)** Friends and Family Webinar Series: Empathy in Dementia: Listening to the Lived Experience. [Register Now.](#)
- Feb 24**
10 AM PST **Alzheimer’s Association.** Navigating Dementia: From Diagnosis to Living Well. [Register Now.](#)
- Feb 25**
1 PM PST **Alzheimer’s Association.** Understanding Alzheimer’s and Dementia. Whittier Wellness Community. 7643 Painter Ave, Whittier, CA 90602. [Register Now.](#)
- Mar 24**
8 AM PST **NCDM.** Friends and Family with Webinar Series: Dementia and Vision Changes. [Register Now.](#)

In the Spotlight - New Statewide Wandering Guidelines Released!

We are excited to share the release of the 2025 Wandering Guidelines from the Commission on Peace Officer Standards and Training (POST), designed to help law enforcement agencies respond to wandering incidents related to individuals with autism, Alzheimer’s disease, and/or dementia. These guidelines were created following Assembly Bill 2451, authored by Assemblymember Dr. Jasmeet Bains and signed into law by Governor Gavin Newsom on September 21, 2024, World Alzheimer’s Day.

This milestone reflects the tireless advocacy of our coalition members, Barbra McLendon (Alzheimer’s LA) and Kirk Moody (Alzheimer’s LA, LA FOUND), whose work on the bill and expertise informed the guidelines.

- [Read the 2025 Guidelines here.](#)
- [Watch POST’s “Did You Know?” video on wandering.](#)



Send success stories, achievements, or highlight ongoing initiatives to healthybrainla@ph.lacounty.gov to be featured in a spotlight.

Featured Resources

- TOOLKIT**
[The USC Family Caregiver Support Center - Conversations that Matter Toolkit: Talking to Family Caregivers for Healthcare Teams.](#)
- LEARNING MODULE**
[University of California San Francisco’s \(UCSF\) - Caregivers as Partners in Care Teams offers a self-paced training to help healthcare teams identify, engage, and support caregivers. Free CE/CME credits.](#)
- TOOLKIT**
[Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment implementation.](#)
- COMMUNITY RESOURCE**
[Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.](#)
- LEARNING MODULE**
[Dementia Care Aware’s self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.](#)
- TOOLKIT**
[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.](#)



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to healthybrainla@ph.lacounty.gov.